

# Calling in The Four Winds

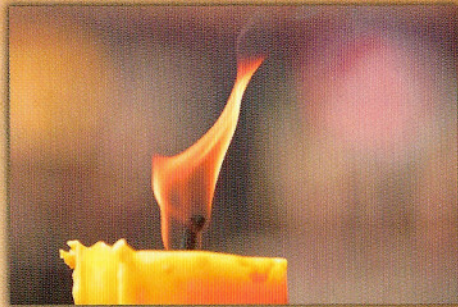
Throughout the World people are inspired by the beautiful imagery, clarity and precision of geometry.

Deep within us we know that simple shapes, such as squares, circles, spirals and principles like duality organize reality. They are everywhere, embedded in us, in everything around us and even in our actions. Our ancestors understood the form of shapes that orchestrated their environment and lives. This is why geometry has been revered as sacred and why it is prevalent in sacred structures and rituals. Sacred geometry represents the Divine in action. However, there is far more to geometry than its purpose to structure and arrange. Shapes and numbers contain unique powers of their own, depending on which facet of reality they represent. When specific shapes are used with intent, individually or in specific combinations, their powers can be harnessed. And so certain geometric shapes and principles are used in sacred and magical rites.

Our reality is something we see without, from within. We look out and see space and time in action. We see other beings of matter and even beings of a spiritual essence interacting. As an observer of the scene there comes a sense of detachment from life around us, but as actors in the scene we are inseparable from the totality. Once we understand how reality is organised we can influence it through positive intent, in our actions and even our act of observing. The power of intent is the nature of magic.

In Western occultism the Four Winds are used as part of magical invocations. The geometry and rituals are very similar to those of the Native American Medicine Wheel. All they use is the very simple combination of the circle and square, or time and space.

Circles are stable containers of potential. They act as a vessel of infinite proportions with no beginning and no end - eternity. Typical key words associated with the power of the circle are connect, contain, commune and change. The outline of a stone is round, having no end and no beginning; like the power of the stone is endless. The stone is perfect of its kind and is the work of nature, no artificial means being used in shaping it. Outwardly it may not be beautiful, but its structure is solid, like a solid dwelling house in which one may safely dwell.



CHASED-BY-BEARS (1834 - 1915) Santee – Yanktoni Sioux

Squares are an expression of the two dimensions of the plane. They provide the stage on which life can act out as space and the four-square foundations of our existence. Direction, domain and distance are words linked to the power of a square.

Hear me, four quarters of the world – a relative I am! Give me strength to walk on the soft earth, a relative to all that is! Give me strength to understand, that I may be like you. With your power only can I face the winds.  
BLACK ELK (1863 – 1950)  
Oglala Sioux

Unlike the Element Air, the Four Winds act as messengers that come from the four quarters of the Earth. Air is associated with communication and it facilitates sound, but it is the Winds which move the sound around. Each Wind and quarter is also associated with specific Elements. Calling to the Winds can help you to open up a specific quarter to receive advice and inspiration. Have a question in mind and call to the relevant quarter, or leave your mind free and see which quarter comes to you. Rituals set the scene and also mindset that is fundamental to making the magic.



- Cast a circle, literally or using your imagination. It will act as a container for the energy and provide protection.
- Place an item representing the Element at each of the four the corners; north, south, east and west.
- Enter the circle and summon the four Elements to act as guardians by naming them in turn; air, fire, water and earth. The circle binds their energy and the strength of their foundations, like pillars holding up a building.
- Call to a specific Wind, or ask for one to come to you. Do this in your mind or vocally. When you call on a Wind it blows into the circle and the sense of its Element may come to you.
- At the end give thanks, leave the circle and dismantle the sacred area in reverse.

## Names of the Four Winds

**Eurius East Wind Air**  
The East heralds dawn and new beginnings, as in spring. It provides clarity to see the path ahead, new ventures and ideas.

**Notus South Wind Fire**  
From the South comes the heat of the day and light, as in summer. It looks at your beliefs, provides inspiration, courage and optimism.

**Zephyrus West Wind Water**  
At dusk in the West we think of the cool evening, a tranquil and relaxing time, as in autumn. Self-knowledge is part of the transformation that comes with maturity, compassion, empathy and your true voice being heard.

**Boreus North Wind Earth**  
The North is night and going inside, while surrounded by the solidity and protection of our 'cave', as in winter. Wisdom within us is based on security and certainty.

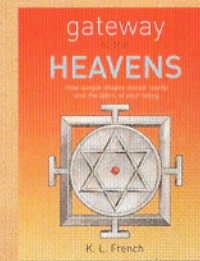
By placing elements at each quarter you are uniting the power of square within the circle so space and time are fused as one. Out in nature this union can be seen in the four seasons that move from one to the next in the perpetual circle of the year. It is mirrored in our personal development as we grow, learn and mature in our own repeating life cycles. Using sacred geometric models like these with positive intent enables you to enrich your experience of reality and learn from it.

Karen L French



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